



Heidi Kühn is the founder and CEO of Roots of Peace, which has impacted over 1.1 million farmers and family members, spanning seven countries. Thanks to Roots of Peace, over one hundred thousand landmines and unexploded ordnances have been removed since 2001.

Her numerous awards include the 2002 Alumni of the Year Award for Excellence in Achievement from UC Berkeley, the 2005 World Association of Non-Governmental Organizations Peace & Security Award, the 2006 Skoll Award for Social Entrepreneurship, the 2007 Jacqueline Kennedy Onassis Award for Outstanding Public Service Benefitting Local Communities, and the 2019 Mahatma Gandhi Seva Medal.

Heidi is a graduate of the University of California, Berkeley, and a former CNN reporter and producer. She lives in San Rafael, California, with her husband, Gary, with whom she has four children—Brooks, Tucker, Kyleigh, and Christian.

For more information about Roots of Peace, please visit www.rootsofpeace.org.



EARTH AWARE
www.MandalaEarth.com

Manufactured in India

PRAISE FOR HEIDI KÜHN AND BREAKING GROUND

“Guided by the leadership of Heidi Kühn, Roots of Peace has saved lives, transformed communities, and advanced peace around the globe. Long after the bombs have been silenced and the peace treaties have been signed, the deadly threat of landmines remains. We must maintain our drumbeat of activism and action until every child and parent can live free from the senseless devastation caused by landmines.”

—NANCY PELOSI
Speaker of the US House of Representatives

“My late husband, Senator John McCain, served in the Vietnam War, which ended almost fifty years ago. Unfortunately, over one hundred thousand innocent Vietnamese children and farmers have been maimed or killed due to the continued devastating effects of landmines. Thank you to Heidi Kühn for her groundbreaking efforts in . . . removing unexploded ordnance and planting sustainable peace.”

—CINDY MCCAIN
Business owner, philanthropist, and humanitarian

“*Breaking Ground* is a testament to Heidi’s faith and raw courage and to her persistence in the face of seemingly impossible odds. It is an affirmation of the human capacity to do good in the world, one that could not be more welcome or more timely.”

—AMBASSADOR GEORGE MOOSE
Vice Chair, U.S. Institute of Peace

“In her new book *Breaking Ground*, [Heidi] inspires us to do our part, to get engaged, and [to] support innovative solutions that plant the seeds for future prosperity and peace.”

—PAT MITCHELL
Chair, Sundance Institute, and author of Becoming a Dangerous Woman: Embracing Risk to Change the World

“There are an estimated sixty million landmines in over sixty countries, [the] aftermath of civil wars. They maim or kill farmers and children. They also cause terrible harm to animals, domestic livestock and wildlife alike. . . . Thank you, Heidi Kühn, for writing *Breaking Ground*, [which] discusses this mostly forgotten aspect.”

—JANE GOODALL, PHD, DBE
Founder, the Jane Goodall Institute, and UN Messenger of Peace

A portion of the proceeds from the sale of this book will be donated to aid landmine removal and replanting efforts around the world.



HEIDI KÜHN

BREAKING GROUND



From Landmines to Grapevines,
One Woman’s Mission to Heal the World

HEIDI KÜHN

BREAKING
GROUND

Foreword by
HER MAJESTY
QUEEN NOOR

Preface by
KEN RUTHERFORD

A captivating memoir about one woman’s journey of healing and her relentless mission to replace war-torn lands with fertile, sustainable farmlands

Heidi Kühn’s commitment to fostering peace and raising awareness has been a driving force in her life—from her early days as a student at the University of California, Berkeley, to her time as a reporter in Juneau, Alaska, covering the *Exxon Valdez* oil spill and US-Russia relations. After overcoming a potentially terminal cancer diagnosis that threatened everything she held dear, Heidi became determined to rid the world of another form of cancer that has plagued the world for decades—landmines—in regions as far-flung as Croatia, Vietnam, and Afghanistan.

Inspired by the work of the late Princess Diana, Heidi began the humanitarian organization Roots of Peace from the basement of her Northern California home. She gained the support of famed Napa Valley vintners Robert Mondavi and Mike Grgich, and soon her mines-to-vines mission began to take hold.

In this powerful memoir, Heidi tells the Roots of Peace story, guiding the reader from the early days in which she built her vision to her current presence on the global stage, where she has worked with presidents, prime ministers, landmine survivors, and religious leaders from around the world to spread a message of peace and recovery. In the years since the founding of Roots of Peace, its agricultural projects have made tremendous progress in the fight against landmines, revitalizing devastated land and uplifting the lives of countless people in the process.

Through recalling her journey, Heidi reveals the remarkable change an ordinary person can inspire. Her story is one of faith, healing, and the compassion needed to grow a more peaceful world. *Breaking Ground* will encourage you to do the extraordinary and help plant the seeds of change for a brighter future.